

Community practices

A vocabulary for an age of community sustainability

Peter Bernays



I see 'conversation' as one of the necessary practices of community itself. How do you become community? You talk about it. How do you do community? You talk about it ... and in the talking you come to moments of community consciousness itself!

Here is a list of community enhancing: activities, ideas, opportunities, pursuits, movements, inventions, tools, art, art forms, games, pastimes ... on and on ...

I have been drawn to lists and listings all my life. I am aware of the huge diversity of community activities that are as much a hallmark of community as the communities themselves: Communities of Interest; Communities of Place.

How do you **be** community personally? You pursue Community Consciousness. How do you **do** community actively? You participate in and activate the Community Practices ... and goodness knows, there are enough to choose from, including co-housing and eco-village schemes!

The list contributes to what I think of as "Community Ecology". It has come from my 50 odd years' involvement with many facets of community. Like conversation, this list of practices is community. How do we know that? Because the communities that stop doing them cease being communities and revert to insular, competitive, everyday life in exile.

About Peter

Peter convenes weekly "Community Conversations" Zoom groups with people involved in the Communities movement at several levels including: Quaker online worship meetings, Intentional Communities, developing existing neighbourhoods. Some groups simply explore the idea of Community Consciousness, about individual personal attitudes, behaviour and a way of life. The zoom groups are going very well, and their own group communities are growing and coming together nicely.

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PS – [Click here for a list of points to talk about](#) to people who are not particularly supportive of Community

A VOCABULARY FOR AN AGE OF COMMUNITY SUSTAINABILITY

By Peter Bernays

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A Abilities, Ableism, Abseiling, Action, Action Learning Sets, Activists, Adventure Playgrounds, Adventure Sports, Adze, Agency, Agile Communities, Agile Learning, Agile practices & processes, Alexander Technique, Algorithms, Allotments, Alternative Intermediate Appropriate, Alternative Technology, Alternatives to Violence Project, Altruism, Amateur Dramatics, Angels, Animal Rights, Anthropocene, Anthroposophy, Apartments, Apprenticeships, AQUAL All Quadrants All Levels, Aquarian Age, Archives, Aspirations, Assumptions, Astrology (a proto psychology), Astronomy, Attention & Appreciation, Attunement, Auctions, Aural History, Auvergne Dances, Awareness Raising,

B Baggage, Baking, Bal, Balfolk, Ballet to Poetry, Ballooning, Barbecue BBQ, Barefoot Doctors, Bark Rubbing, Barter, Basket making & weaving, Becoming Indigenous, Beekeeping, Being Differently Wired, Being a Good Ancestor, Being in Your Element, Being Present but not Speaking (especially at mourning), Bell Ringing, Belonging, Bicycle Electric Power & USB Chargers, Bicycle Trailers - passengers or goods, Bicultural Process, Bio Dynamic, Biofuels, Biomass, Biomimetic Architecture, Biophilic Design, BioRegions, Bird Hides, Bird Reserves, Birdsong, Birdwatching, Bitcoin, Blacksmithing, Blended Meetings, Boat & Ship Building, Bonding, Bonfires, Botanical Gardens, Boules, Bourrée, Box System vegetable delivery, Branle, Brass rubbing, Bread making, Breton Dancing, Bricks and Mortar - nuts & bolts - concrete material & physical, Bridal Paths, Bridges, the Bristol Pound, Bring & Share meals (lunch, tea, or supper), Bubbles, Buffalo milk, Building Bridges, British Wool Insulation, Building Community, Balcony Gardens, Busking,

C Cabinet Making, Camper-Trailers, Campervans, Campfires, Campfire Discussions Conversations Stories Songs, Canal paths, Canals Boats, Candle-making, Canopy Walks, Capacity Building, Caravans, Carbon Footprint, Carbon Neutral, Carbon Trading, Car Free Streets, Caritas, Carpentry, Carol Singing, Casting, Cavity Insulation, Celebrations, Centres, Chain Dances, Chair Bodging, Challenges, Change (there is nothing novel or radical about change - change is everybody's purpose - of all political & economic flavours), Charcoal Burning, Chat Boxes, Chess, Chestnut Flour, Chestnut Honey, Chopping Wood - Carrying Water, Circle Dancing, Citizens' Basic Income, Citizen Science, Citizen's Wind farms, City Farms, Clamshells, Climate Cafes, Climate Change, Climate Emergency, Climbing Kilns, Close Friendships, Clothes Making, Cloughjordan Ecovillage Ireland, Clubs Societies Groups Networks, Coastal Footpaths, Cobble stones, Co-Counselling, Co-Creation, Coding, Co-Evolution, Cohesiveness, Co-Inquiries, Collaboration, Collaborative Projects, Collective Goals and Individual Initiatives, the Collective Ideal, Colours of Empowerment Cards, Common Interests, the Commons,

Community Accounting, Community Architecture, Community Arts, Community Banks, Community Cohesion, Community Communications, Community Currencies, Community Development, Community Dynamics, Community Ecology, Community Gardens, Community Integration Meetings (Councils), Community Led Projects, Community Mapping - Researches Studies, Community Media (social media), Community Music, Community of One, Community of Two or Three, Community Studies, Community Supported Agriculture CSA, Community Wealth Building - the Preston Model, Companion Planting, Companionship, Compatibility, Complementarity, Complementary Therapies, Compostable Bags, Composting, Composting Toilets, Conciliate, Consilience, Confest (conference festival), Conflict Management, Conflict Resolution Methods, Conflict Transformation, Connectedness, Connecting with Other People, Connection, Consensus, Container Complexes - Storage Workshops Markets Housing, Contra Dance, Conversations, Co-Operatives, Coppicing, Coracles, Core Intentions, Cork, Corporate Planetary Responsibility, Cosmology, Cottage Industries, Counter Cultural, Courage, Craftivist, Craft Markets, Crafts, Creative Activities Summer Camps, Credit Unions, Crop Formations - complex geometric patterns & images inexplicably but empirically appearing in field crops, Cross-country ways and paths, Crowd Funding, Crowdocracy (perhaps not!), Cultural Change, Cultural Environment, Culture, Curiosity, Custodians, Cycle Paths & Routes, Cycle Rickshaw, Cycles of Life, Cyclic Corridors,

D Dark Sky Parks, Day to Day Community Meetings, Decentralised Communities, Decision Making Tools, Deep Ecology, Deep Sharing, Deep Time Walks, Delegate Ownership at an Emotional Level, De-Schooling, Design for Community Living, Development Studies, Dialogic way, Diatonic Accordion, Discernment, Discussion phase - Decision phase, Distributed, Diverse Learners, Diversity, Diversity of All Forms of Life, Divination, DIY, Dowsing, Draft Insulation, Draughts, Dreams, Dream Sharing, Dream Work, Drones, Dynamics,

E Early Adopters, Earthenware, Earth Walks Acclimatisation, Eating Flowers, Eating for Health, Eating Together, Echo Chambers - your own ideas uncritically sounding back to you, Eclectic, Eco Building Site, EcoCities, Eco Consciousness, Eco Homes, Eco Houses, Ecologists, Ecology, Economic Environment, Eco-renovation, Ecotourism, EcoTowns EcoVillages, Economics of Trust, EcoSystemics, EcoVillage Community Experiential Camps, Ecumenical Community, Edible Cities, Edible Landscapes, Elderflower & Acacia Fritters, Elders, Electric Bikes, Electricity Storage Systems, Electric Milk Floats, Embroidery, Emotionally & Contextually Comprehensive Language Interpretation & Learning, Empathy, Empowerment, Energy Efficiency, Energy Storage, Enterprise Hubs, Enterprise Incubators, Entertainment, Enthusiasms, Entry points, Environment, Environmental Rights, Environmental Visitor Centres, Epigenetics, Ethical Investment, Ethnomusicology, European Dance & Music, Everyday Life, Evolution by Group Selection - not Individual Selection - Existential Psychology, Exoplanets, Exotic Flours Pancakes, Expanded Cinema, Expeditions, Experiential Empirical Evidence based Experiment, Experiential Learning, Experimental Archaeology, Experimental Film, Experiment with Light, Exploratory Play,

F Facilitation, Facilitator, Fallow Ground, Farmers' Markets, Farm to Table, Fasting, Feedback, Feels Like Home, Fellowship, Fermacell Boards, Film Co-ops, Financial Tools, Findhorn Foundation, Fishbowl observation meeting process, Five Rhythms Movement & Dance, Flash Mob, Flat Structure, Flower Arranging, Flowforms, Focaliser, Focal Point, Folk Music Songs Dance, Folk Medicine & Remedies, Followership, Food Banks, Food Mapping, Footpaths, Foraging, Forest Gardens, Forum, Forums (Zeg), Fossil Fuel reduction, Fractals, From each according to their ability - To each according to their needs, Future of Work, Futons, Future Lifestyles, the Future of Work,

G Gamers, Games, Gamification, Gaming, Gathered Meetings, Gender Diversity, Genetics, Geodesic Domes, Geothermal Heating Systems, Geotourism, Gift Economy, Gliding, Global Wind Day, Glue of Community, Goals of Social Change, Goat's milk & cheese, the Goldilocks Principle - Process - Zone, the Good Life, the Good Old Days, Governance Structures, Graffiti, Gravitational Water Vortex Power Plant, Greenhouses, Green Burials, Green Funeral Director, Greening Schools & Colleges in S E Africa, Green Roofs, Green Oak Building, Grey Water Irrigation, Group Projects, Groundsheet Weed Control, Guerrilla Gardening,

H Habitable Zone, Habitat Restoration, Hammocks, Hands-on, Hang Gliding, Hanging out, Hardanger Fiddle, Hardware Software Interware & Applications, Healthy Building, Heart Sharing Meetings, Heat Pumps, Hedge Laying, Herbal Medicine, Herb Gardens, Heutagogy, Highly Sensitive People, Hillwalking, Historic Sites, Holacracy, Holistic Gathering, Holistic Health, Holistic Spectrum of Human Faculties, Holon, Homemade, Home Schooling, Homoeopathy, Horse riding, Horse Plowing, Horse Power, Horse transport, Hostels, Hostile Environments & Climates Inhabitation, Hot Air Balloons, House Boats, House Busses, Household Remedies, House Trucks, Hubs, Human Ecology, Human, Humanity, Humanity's Instinct to Community, Human Rights, Hurdy Gurdy, Hybrid and Hydrogen Cars, HydroAutos, Hydroelectric Power, Hydro Power

I Ignatian Meditations, Inclusion Inclusive, Inclusive Church, Income Sharing, Incredible Edible Neighbourhoods, Incubator, Indian Giver, Indigenous Peoples, Individual Growth & Development, Individuation, Infographics, Information Literacy, Inhospitable Habitat Habitation, Inner Inter Outer, Innovators Early adopters Mass adoption, Insulation, Insulate well, Integral Theory, Integrity, Interest Based Learning, Interfaith, Inter Faith, Interfaith Monastic Community, Internal Sociocracy, Intersectionality, Intertwined, Intertwining, Intimacy, It Takes a Village to Raise a Child, Iron Age Village, I am because we are, I see you,

J Jams & Preserves, Japanese Gardens, Japanese Urban Living Small Units, Jerusalema dance, Job Sharing, Johari window, Joinery, Joyful Activities, Justice,

K Keyhole Gardens, Keystone Principles, Keystone Species, Kiln building, Kindness, Kitchen Medicine, Kite Flying, Knitting, Known Knowns - Unknown Unknowns, Koans, Kora,

L Labyrinths, Land for What?, Land Sailing, Language Acquisition, Leadership, Leading & Following (partner dancing), Learning Conversations, Learning Curve, Learning Exchanges, Learning Styles, Left Brain - Right Brain, Legal Structures, Lenses for magnification, LETSystem, Ley Lines, Library, Lifeboat Biscuits, Like Mindedness = not similar but affectionate approval, Liminal, Line Dancing, Lino Cuts, Listening - 8 types, Listening Skills, Litter Clean-ups, Live Mouse Traps (& relocation), Living Lightly on the Earth, Living Machine, Living On Site, Living Off Site, Living Willow Structures, Local Exchange Trading, Local Food, Localisation, Local Materials, Loft Insulation, Long Handled Heart shaped Spades, Long term Conflict Resolution,

M Magnifying Glasses, Mahjong, Maker Education, Maker School, Maker Spaces, Managing Common Resources, Managing Your Own Emotions, Maturity, Marionettes, Mazes, Mazurka, Meaning, Meaningful Rituals, Mediation, Mediation Council, Meditation, Meetings for Worship, Meeting Stroll - one on one dialogue, Memes, Men's Groups, Men's Sheds, Mentoring, Meta, Metal Smelting, Micro Homes, Micro Loans, Milk Deliveries, Milkmen, Mime, Mindfulness, Minimalistic Lifestyles, Mision, Mobile Homes, Moderation, Moderator, Models, Montessori Education, MOOCs Massive Open Online Courses, Morality of Poverty, More Diverse Groups, Morphic Resonance, Motivation, Mother Earth - Source of Nourishment & Wisdom, Mourning, Movement Gesture & Song, Movements - Campaigning Creative Innovative, Mulching, Mural, Musical Instrument Making, Mutuality, Mysticism,

N Narrow boats, Nasturtiums, Natural Building, Natural Environment, Natural Swimming Ponds, Natural Water Management, Nature Reserve, Nature study Tables, Needs, Neighbourhoods of Affinity, Networking, Networking the Networks, Neurodiversity, New Angles, New Economics, New Monastic Communities, New Work Ethic, Nexus of Communities, Niche Construction, No Digging Gardening, Nomadic Communities, Non-Creedal Church, Nonprofit Organisations, Nonviolent & Compassionate Communication, Nyckelharpa,

O Observation Beehive, Observatory, Ocean Arks, Ocean Arts, Off Grid, Offshore Wind Farms, Open Days, Openness, Openness to New Leadings, Opportunities, Oracle, Origami, Oral History, Organic Food, Organic Growing, Otherness, Outreach, Outward Bound,

P Package Reduction, Paper Bags, Paragliding, Participatory Decision Making, Participation vs & Performance Arts, Partner Dancing leading & following, Passive Solar Heating, Patchwork, the Paths that Cross, Pay what you can Grocery CoOps, Peace Education, Peace Studies, Peaces (multiple types & applications of peace), Peasants, Pelton Wheel, People of Country, People's History, People Skills, Performance Poetry,

Permaculture, Personal Relational Collective, Philanthropy, Philosophy Groups, Physic Gardens, Picnics, Pilgrimages, Ping-Pong, Planet Earth, Plant Rights, Plastic Clean-ups, Plastic Use Reduction, Platforms, Platform Cooperativism, Play, Play Streets, Plurality, Poetry, Pole Lathes, Polytunnels, Pop-up things & places, Positive Money, Positive News, Post Human - ism, Pottery, Preserving, Pressed Flowers, Preston Model - Community Wealth Building, Process Work, Psychedelics, Pump priming, P4C Philosophy for Children - for Community,

Q Qigong, Quaker, Quakernomics, Quilter, Quiltmaking,

R Raised Beds, Rain Harvesting, Raku, Rammed Earth Building, Rainwater Filter, Rainwater Harvesting, Rap, Rare Breeds, Reality, Reciprocity, Recognition, Recording Studios, Recumbent Bikes, Recycling, Recycling centres or hubs, Reed Beds, Reframing, Regenerative Community, Regenerative Projects, Renewable Energy, Repair Cafes, Repair Shops, Repertoire, Resilience, Resources, Responsibility, Restorative Dialoguing, Restoring Relations, Retrofitting, Rewilding, Rewilding Society, Rhizome - an image of thought that apprehends multiplicities, Right Brain, Right Livelihoods, Risograph, Role of Faith in Community, Roller Skating, Romantic Feelings, Roof Gardens, Roundhouses, RSO, Rule of Life, Running,

S Sacred Sites, Sacred Springs, Sail Training, Salsa dance, Sawubona, Scandinavian Dance & Polska(s), Scratch Orchestra, Sculpture, Scythe mowing grass & cereals, Seasonal Fruit Vegetables Produce, Security, Self Actualised, Self Archaeology, Self Build, Self Builders, Self Directed Learning, Self Education, Self Help, Self Relational & Collective Actualisation, Self Realisation, Self-Sufficiency, SETI Search for Extraterrestrial Intelligence, Setups, Sewing, Sex club, Shamanism, Shaman's Hut, Shared Community House - Centre - Hub, Shared Economic Systems, Sharing Circles, Sharing Groups, Shoemaking, Simplicity (is complicated and expensive to do - Gandhi), Sites of Scientific Interest SSIs, Sitting Around Campfires, Sitting Shiva, Situation, Skateboarding, Skills, Sky Gardens, Sleeping Platform, Slow Food, 'Small is Beautiful', Small Railways, Smart Urban Forests, Social Dancing & Music, Social Eating, Social Inertia, Social Enterprise, Social Enterprise Hubs, Social Environment, Social Incubators, a Social Wage, Social Washing & Clear-up, Sociocracy, Solar Energy, Solar Panels, Solar Water Heating, Solidarity Based Communities, Solidarity Funds, (for rents), Songlines, Spiritual Environment, Spiritual Exercises of Ignatius of Loyola, Stained Glass, Standing on One Leg for 5 Minutes, Steaming Vegetables, Steam Punk, Steam Power, Steam Trains, Stepping Stones, Stereotyping, Stoneware, Stories, Street Food, Straight Speaking with one another - not gossiping, Strategies, Straw Bale Building & Insulation, Street Light Wind Turbines, Street Parties, Striving For, Studios, Subscription Systems, Succession & Evolution, Sunscreen, Supported By - not always Provided By, Surf Boarding, Survival of the Fittest = Appropriatist not Competitivist, Survival Skills, Sustainable Development, Sustainable Energy, Sustainable Innovation, Sustainability, Suzuki Method Instruments Acquisition, Sweat Lodges, Swimming Ponds, Swing Dance, Sympathy Groups, Synchronicity, Synergy, Systemic Thinking Working Playing & Design,

T Tai Chi, Tall Ships, Tea Gardens, Table Tennis, Teamwork, TED Talks, Telescopes, Temporary Temples, Temporary & Nomadic Dwellings, Terracing, Thatching, Theory U, Think Tanks, Tidal Mills, Tidal Power, Timber Frames, Time Banking, Time Sharing, Tiny Houses, Tipis, Tipping Point, Tools, Toolkit, Tool Sharing Library, Tow Paths, Transcendence, Transfer Cultures, Transformation, Transformative Creative Spaces, Transition Network, Transition Towns, Tree Climbing, Tree Houses, Tree Ropes, Tree Surgery, Tree Tents, Triadic Universe, Trial & Error, Trial Process, Tribe, Tricycles, True Self, Trust Meetings, Turbulent Times, Twice Exceptional or Gifted People, the Tyranny of Structurelessness,

U Ubuntu - I am because you are, Umbrellas, Underground Dwellings, Unconventional Wind Turbines, Underfloor Heating, Unintentional Communities, Universal Basic Income, Universal Basic Services UBS, Urban Farms, Urban Planning and Design, Us and Them (not),

V Veganism, Vegetarianism, Vertical Axis Wind Turbines, Vertical gardens, Video, Vision, Vision Quest, Volunteering, Volunteerism, Volunteer Management, Voting Systems, Vulnerability,

W Walter Segal self-build method, Waltz, Washing the body corps - a last service of hands-on love, Warmcell, Water Clock, Water Purification, Water Supply, Water Wells, Water Wheels, Wave Power, Wave Power Ship, Weaving, Webinars, Weekend University, Weekly Conversations & Discussions, Weekly Zoom Discussions, WEIRD Societies - western educated industrialised rich and democratic, West Gallery Singing, Whike, Wholefoods, Wilderness, Wilderness Dwelling, Wild Flower Meadows & Gardens, Wild Flower Walks, Wilding Farms, Wilding Society, Wildlife Photography, Wild Swimming & Bathing, Willow Plantations, Wind-farms, Window Boxes, Window Displays, Windsurfing, Wind Turbines, Win-Win Solutions, Woks, Women do things in Circles - Men do things in Ladders, Women's Groups, Woodburning Stoves, Wooden & Outdoor Platform Dancefloors, Wood-fired Brick Ovens, Woodland Crafts, Wood steam bending, Working Bees, Working Dogs, Working Horses, Working Oxen, Work Life Community Balance, the Work that Reconnects, World Café Discussions, Writer's Workshops, Writing Sheds,

X XR Extinction Rebellion,

Y Yoga, Youth Hostels, Yurts,

Z Zegg Forum, Zen, Zen Gardens, Zen Koans, Zip Wires, Zoom Conversations & Discussions, Zooniverse,

3D Printing, 8 Types of Listening, 21 Hour Working Week

A note about AMED

Sadly, so far, nobody has expressed a willingness to take over from the outgoing AMED Council. So in the circumstances, the EGM on 26 May is likely to confirm that AMED will finally cease to operate as an educational charity by the end of 2022 at the latest.



AMED stands for the Association for Management Education and Development, www.amed.org.uk. We are a long-established membership organisation and educational charity devoted to developing people and organisations.

Our purpose is to serve as a forum for people who want to share, learn and experiment, and find support, encouragement, and innovative ways of communicating. Our conversations are open, constructive, and facilitated.

Through AMED, we strive to benefit our members and the wider society. Exclusive Member benefits include excellent professional indemnity cover at a significant discount, free copies of the quarterly journal *e-O&P*, and discounted fees for participation in a range of face-to-face events, special interest groups, and our interactive website. We aim to build on our three cornerstones of **knowledge**, **innovation** and **networking** in the digital age. Wherever we can, AMED Members, Networkers and Guests seek to work with likeminded individuals and organisations to generate synergy and critical mass for change. www.amed.org.uk, or contact **Linda Williams**, our Membership Administrator, E: amedoffice@amed.org.uk, T: 0300 365 1247